

Rehabilitative Care Programme RCP

**A rehabilitative care programme to support
visually impaired adults who have additional
psychological or psychiatric problems**

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Content

- Introduction
- Target group
- The development of the programme
- Funding

- Questions

Welcome to the Robert Coppes Foundation



Services offered

- Residential facilities ranging from 24/7 care to supported living with professionals available just when necessary
- Day-care facilities
- Outpatient counselling based on specialised care and support, usually with intermittent treatment (= with interruptions): so-called Rehabilitative Care Programme



RCP

An individual combination of rehabilitation and specialised support

We offer this care to people with a visual impairment and additional complex needs, who want to remain living independently



Target group

People, age 18+, with a visual impairment and multiple additional disabilities

Mainly psychiatric impairments, such as:

- personality disorders
- autism spectrum disorders
- depression and anxiety
- addiction

But also:

- acquired brain injury
- hearing impairment
- learning disabilities
- etc.





VI

Additional problems

Aim of RCP

Independent living

Therefore the client wants to:

- Acquire new skills, and/or
- Retain existing skills, and/or
- Prevent deterioration



Specialised because:

ICF



- Health condition
- Functions
- Activities & Participation

→ Multi-co-morbidity

Increased vulnerability

→ Interfering impairments

Decreased ability to compensate

→ Multiple disabilities

Increased impact on daily life



Complex needs



Specialised support

+

Specialised rehabilitation



Composition RCP

Specialised support

+

Intermittent specialised rehabilitation

Specialised

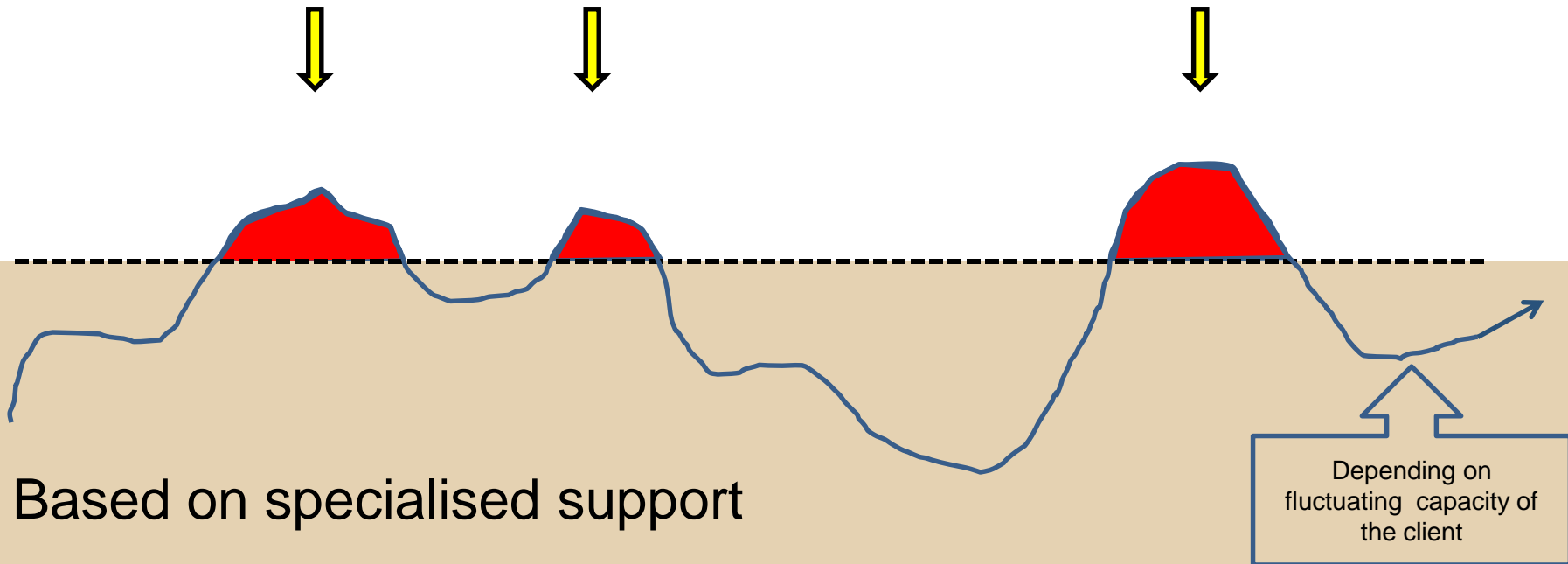
= Adapted because of multi-problems

= Deviating from regular support / rehabilitation



Intermittent

Intermediate not-regular / specialised rehabilitation



Adaptation

- Content
- Approach
- Duration
- Frequency
- Discipline(s) involved: flexible because of trust, but always in a multidisciplinary context
- Basic attitude



Basic attitude – expectations of clients

- Trust
- Autonomy and control
- Sincerity
- Creativity
- Sociability
- Continuity
- Cooperation
- Equality

Boessen et al. (2016)

- Building trust and safety
- Long term process
- Being approachable and provide easily accessible support
- Flexibility
- Individuality
- Multi-disciplinary approach, cooperation and coordination

Van Buijsen (2019)



Characteristics of RCP

- Positive experiences, build trust, connect
- Cut standards into smaller pieces
- Stepwise approach
- Observational indication of fluctuating capacity
- Flexible planning in duration and frequency
- Time and space for temporary relapse and repetition



Definition of rehabilitation in RCP

C = continuous (life-course proof)

S = systematic (methodical)

L = long-term (not just short-term
'rehabilitation modules')

M = multidisciplinary



Multi-disciplinary in RCP

Consultation internally

Other psychologist

Psychiatrist

ID(D) physician

Core team

Psychologist
(rehabilitation
coordinator)

Specialised support

Trainer (O&M, ICT,
social skills, etc.)

Max. 3

Consultation externally

GP

Psychiatrist

Physiotherapist

Etc.



One package, two financing sources

Specialised support

WMO (municipalities)

Own contribution

Rehabilitation

ZVW (health care insurance)

Own contribution

75%

25%

RCP

Including compensation for double contribution



RCP – take home message

- Together, we can continue to improve both the treatment of this target group and the RCP, with the ultimate aim of increasing the moments of happiness for all our clients.



RCP – take home message

It took us five years to get the RCP financed this way so...

Don't give up!

- Represent these vulnerable people and stand up for their rights
- Show fighting spirit
- Have persistence and endurance



Please join us!



Robert Coppes Stichting